

COVID SCREENING QUESTIONNAIRE
From the Maine CDC 2021

Regardless of your vaccination status, have you experienced any of the symptoms in the list below in the past 48 hours?

IMPORTANT: ANSWER "YES" EVEN IF YOU BELIEVE THE SYMPTOM(S) IS BECAUSE OF SOME OTHER MEDICAL CONDITION (FOR EXAMPLE, ANSWER "YES" IF YOU HAVE A RUNNY NOSE BECAUSE OF ALLERGIES).

- fever or chills
- cough
- shortness of breath or difficulty breathing
- fatigue
- muscle or body aches
- headache
- new loss of taste or smell
- sore throat
- congestion or runny nose
- nausea or vomiting
- diarrhea

If you have had any of the above symptoms in the last 48 hours, DO NOT attend an appointment at H2O Fitness Collaborative, you are encouraged to cancel your appointment without a cancellation penalty.